



Shubhrajī

Santa Fe 2025

WORKSHOP

Energy & the Power of the Subconscious Mind

This workshop is designed to give you some practical tools to create a new platform for growth by letting go of your old self and its limiting beliefs. You'll gain an understanding of the workings of Energy, the Conscious and Subconscious Minds. We will go over methods which give you the power to re-create your future.

Shubhrajī will present specific techniques based on ancient teachings and latest research to empower you, and unlock the blocking patterns within to help you live your desired life.

- *Uncovering and releasing self-limiting beliefs*
- *Releasing trauma safely (guided exercises)*
- *Rewiring negative patterns of the mind*
- *Understanding the energetics of affirmations*
- *Raising your personal vibration and that of your space for good health*
- *Visualization for healing physical and emotional distresses*
- *Transforming stressful relationships using the power of your mind*
- *Attracting prosperity in your life*

SATURDAY, JUNE 7

10 AM-1:30 PM (INCLUDES BREAK)

\$100.00

PRE-REGISTRATION IS REQUIRED

To register or for more information

email: santafevsg@gmail.com or

call: (505) 570-0743

All Events Held at

Unity Santa Fe

1212 Unity Way

Santa Fe, NM 87506

MORNING TALKS

Footsteps to Freedom: Vedānta Teachings from Kaivalya Upaniṣad, continued

Revered as sacred revelations, the Upaniṣads (5000-4000 BCE) are said to contain the key to life.

This series of four talks presents the contemplative teachings on Self-Knowledge and its relevance to our own lives in a systematic way.

Kaivalya Upaniṣad belongs to the Atharvaveda. The word *Kaivalya* means "only That". It gives a complete picture of the state of inner freedom achieved through meaningful renunciation.

The Upaniṣad teaches us effective techniques to meditate and gives a clear understanding of how to carve out a spiritual path in everyday life.

MONDAY-THURSDAY

JUNE 2-5

8:00 AM-9:00 AM

EVENING TALKS

The Efficacy of Prayer

What is the essence of prayer? Different types of prayer and their impact on our spiritual life.

In this talk, Shubhrajī shares insights into this most common practice, and how to make the most of it.

MONDAY, JUNE 9

6:30 PM-7:30 PM

The Four Aims of Human Life

The four aims (*puruṣārthas*) are traditionally described as **Dharma** (righteousness, moral values), **Artha** (prosperity, economic values), **Kama** (pleasure, love, psychological values) and **Moksha** (liberation, spiritual values, self-realization).

Knowledge of the four helps us to lead a more meaningful and rewarding life. Shubhrajī will unpack their meaning and application in everyday life.

TUESDAY, JUNE 10

6:30 PM-7:30 PM

You are welcome to attend any or all of the talks.

The teachings are free.

Donations are welcome and appreciated.



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