



Shubhrajī 'Live' Online Bhagavad Gītā CHAPTER 4. *The Yoga of Wisdom*

September 26 to November 14, 2024 (8 Sessions)

In a crisp, clear and modern approach of this sacred age-old text, Shubhrajī covers all the 42 verses of the fourth chapter of The Bhagavad Gītā.

This chapter delves deeper into the meaning of selfless action, the importance of Self-Knowledge in our search for liberation and, reveals the concept of avatāra or divine incarnation.

The Bhagavad Gītā is a sacred text long revered in India as a spiritual and practical handbook for daily living. Shubhrajī will explore the teachings of this epic song in a contemporary and light-hearted manner, connecting them to our daily life challenges. These talks give insight into resolving our own Arjuna-like conflicts: **Performance of Duty, Devotion to the Higher and Living a Life of Joyful Action in this world.**

Join Shubhrajī for the online teaching from the comfort of your own space where you can see and hear her live.

In case you miss any talk, simply listen to the audio recording at your own convenience, which will be sent to you in a link within 48 hours.

Please make sure you have a copy of the text. It is available at:

- <https://www.chinmayapublications.com/bhagavad-gita-chapter-04-2>
- Bhagavad Gītā – Chapter 4 - any version with devanāgirī or transliteration to read from.
- *Recommended - Swāmi Chinmāyānanda set of Gītā Chapters (separate chapters)*

(Dates on following page....)

Dates: Thursdays (September 26 to November 14, 2024)

Time: 7:00 pm to 8:15 pm ET/USA (5:00 pm to 6:15 pm MT/USA)

Please check your local timings with reference to EST/USA Times

September 26, October 3,10,17, 24, 31. November 7 & 14

For more information [email: onlineprograms@namahom.org](mailto:onlineprograms@namahom.org)

Amount for 8 Sessions: \$160 / (for Paypal & Venmo \$165)

PAYMENT OPTIONS:

via Zelle: info@namahom.org

OR Namah's [Venmo profile](#)

Tap or click it, and be sure you're finding my 'true self'!:)

OR PayPal:info@namahom.org

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OR You may also mail a check to reach us by September 20, 2024,
payable to Namah Inc. PO Box 1064, Woodstock, NY 12498.