Shubhraji 'Live' Online Bhagavad Gītā CHAPTER 3.

October 19 to December 7, 2023

In a crisp, clear and modern approach of this sacred age-old text, Shubhraji covers all the 43 verses of the third chapter of The Bhagavad Gītā.

This chapter deals with The Path of Action Karma-Yoga

The Bhagavad Gītā is a sacred text long revered in India as a spiritual and practical handbook for daily living. Shubhraji will explore the teachings of this epic song in a contemporary and light -hearted manner and will connect them to our daily life challenges. These talks give insight into resolving our own Arjuna-like conflicts: between Performance of Duty, Devotion to the Higher and Living a Life of Joyful Action in this world.

Join Shubhraji for the online teaching from the comfort of your own space where you can see and hear her live.

In case you miss any talk, simply listen to the audio recording at your own convenience, which will be sent to you in a link within 48 hours.

Please make sure you have a copy of the text. It is available at:

• https://www.chinmayapublications.com/geetas-upanishads

• Bhagavad Gītā – Chapter 3 - any version with devanāgirī or transliteration to read from.

• *Recommended - Swāmi Chinmāyānanda set of Gītā Chapters (separate chapters)*

Dates: Thursdays (October 19 to December 14, 2023)

Times: 7:00 pm to 8:15 pm ET/USA (5:00 pm to 6:15 pm MT/USA)

Please check your local timings with reference to EST/USA Times

19,26 October

2,9,16, (Tuesday 21), 30 November *(No class on 23rd November due to US Thanksgiving Holiday)*

7, December

OVERSEAS PARTICIPANTS: CAN HAVE ACCESS TO VIDEO RECORDINGS…

For more information email: onlineprograms@namahom.org

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