



## Mahā Mr̥tyuñjaya

# A Healing Mantra Workshop with Shubhrajī

The Mahā Mr̥tyuñjaya Mantra is a verse from ancient Vedic texts: the Rig and Yajur Vedas. It addresses the three-eyed Hindu deity Lord Śiva (pronounced Shiva).

It is a powerful and healing mantra and has been used in various rituals for many centuries. In the chanting of this mantra, divine vibrations are generated.

During this workshop, Shubhrajī will teach us the Sanskrit pronunciation and share the many benefits of this holistic mantra which works on the body, mind and spirit.

- Creates a protective shield against accidents and misfortunes of any kind.
- Bestows health, longevity, peace, prosperity, contentment and immortality.
- Connects us to our own inner divinity.

**September 11, 2022**

**Private Residence (outdoor garden)**

**10:00am - 1:00pm including break**

*(please arrive 10 mins prior to the event)*

**\$75\***

**\*PRE-REGISTRATION IS REQUIRED**

For more information and to register contact:

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*Shubhrajī is a disciple of Vedāntic Master H.H. Swāmī Chinmāyānandā.*

*She is a teacher of spiritual studies and meditation techniques, which form part of the ancient Vedānta philosophy of India. She is also the author of [In The Lotus of The Heart: The Essence of Relationships](#).*

*Shubhrajī lives in the USA and travels widely in the U.S., Europe and the Far East.*

[www.namahom.org](http://www.namahom.org)

