



## Shubhrajī's 'Live' Online Lecture Series

# Īśāvāsya Upaniṣad

8 lectures: February 25 to April 15, 2021



*Īśāvāsya Upaniṣad* is a principal Upaniṣad. It is the final chapter of the *Śukla-Yajurveda* and one of the shortest Upaniṣads. The opening verses display the contrast between renunciation and empirical life, and the Upaniṣad guides us to the pinnacle of spiritual achievement.

In his commentary on this Upaniṣad, *Swami Chinmayananda* says, "The very first stanza of this matchless Upaniṣad is in itself a miniature philosophical textbook. Besides being comprehensive in its enunciation of Truth, it provides a vivid exposition of the technique of realising the Truth in a language unparalleled in philosophical beauty and literary perfection. Its mantras are the briefest exposition on philosophy and each one is an exercise in contemplation."

**Amount: US \$170**

for 8 online lectures (18 verses in total)

**Register and pay latest by February 21, 2021**

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**Please make sure you have a copy of the text.**

It is available at:

[https://www.chinmayapublications.com/  
upanishad-isavasya-upanishad](https://www.chinmayapublications.com/upanishad-isavasya-upanishad)

**SHUBHRAJI will be LIVE via VIDEO for each lecture.**

### Dates: Thursdays

February 25

March 4, 11, 18, 25

April 1, 8, 15

### Times:

7:00 pm to 8:15 pm ET/USA

11:00 am to 12:15 pm ET/USA

**Please check your local timings with reference to EST/USA Times**

11:00 am to 12:15 pm ET/USA (9:00 am to 10:15 am MT/USA) &

7:00 pm to 8:15 pm ET/USA (5:00 pm to 6:15 pm MT/USA)

**There will be 2 different sessions covering the same verses –  
so you can join at the time that suits you.**

**Other time zones: Thursdays**

5:00 pm to 6:15 pm Berlin (Germany)

8:00 pm to 9:15 pm (Dubai/Mauritius)

9:30 pm to 10:45 pm (India)

For Hong Kong and other parts of SE Asia PM session in US

Time: 8:00 am to 9:15 am of the following day (Friday)