

Vedantic Teachings Dubai 2019

With Shubhrajī



WELLNESS SUPERCHARGE - TRANSFORMATION WORKSHOP

In our world of stress, emotional burnout enhanced aging and feeling unsupported, it is important for everyone to learn how to feel empowered physically, spiritually and emotionally. Shubhrajī draws on the ancient wisdom of the Masters and combines it with contemporary ideas to give us tools to rewire our mind and life

Saturday, March 23rd, 2019

4:00pm Registration

4:30 - 7:30pm Workshop

Villa 45, St 28C, opp. De La Sael Montessori, Mankhool

<https://maps.app.goo.gl/AA8fV>

PRE-REGISTRATION IS REQUIRED

Contact Kamu Tel: 050-659 1727

Email: kamlab@eim.ae

Donations are welcome

Vedantic Teachings from Kaivalya Upanisad

Sunday 24th - Wednesday 27th March
8:30am - 9:30am, followed by breakfast

Ghaya Building # 2801, Sheikh Zayed Road
(Financial Centre Metro)

Revered as sacred revelations, the text of the Upaniṣads (4-5000 B.C.) are said to contain the key to life. This series of three talks presents the contemplative teachings on Self - Knowledge and its relevance to our own lives in a systematic way.

Kaivalya Upaniṣad belongs to the Atharvaveda. It gives a complete picture of the state of inner freedom achieved through meaningful renunciation.

The Upaniṣad teaches effective techniques to meditate and gives a clear understanding of how to carve out a spiritual path in everyday life. Shubhrajī shares with us the entire Kaivalya Upaniṣad verse by verse, interspersed with stories from the Vedāntic tradition.

For more information: www.namahom.com
www.facebook.com/ShubhrajīNamahom
www.inthelotusoftheheart.com

You are welcome to attend any or all of the talks - the teachings are free.

Donations are welcome & appreciated
For info please call Kamu: 050-6591727

Insights from The Bhagavad Gita

Sunday 24th - Wednesday 27th
7:30pm, followed by dinner

Venues:

24th: Jumeira Islands, Cluster 31, Villa 6

25th: Villa W-6, Julnar St, Emirates Hills

26th: Villa 35, St 9, Esmeralda, Victory Heights

27th: Villa 40C, St. 23C, Mankhool

The wisdom of spiritual teachings on everyday life: practical insights into life and how to confront our day to day challenges. We will also learn how to establish a deeper connection with the divine.

Shubhrajī is a disciple of Vedantic Master H.H. Swami Chinmayananda. She is a teacher of spiritual studies and meditation techniques which form part of the ancient Vedanta philosophy of India.

She is also the author of "In The Lotus Of The Heart: The Essence of Relationships". She lives in the USA and travels widely in the US, Europe & the Far East.