

# 2017 VEDANTA IN GIBRALTAR *SHUBHRAJI*



**THU 16TH NOVEMBER 8:00 PM TO 9:00 PM**

## *Who am I?*

We live in this world with our relative identity and seek absolute happiness. What is the true meaning of our existence? What is our quintessential nature? This talk, explained through the wisdom of the Upaniṣads, focuses on inner Self-Knowledge and mastery which can enhance our life experience and awaken us to our real potential.

**FRI 17TH, SAT 18TH, MON 20TH, TUE 21ST NOVEMBER 8:00 AM TO 9:00 AM**

## *Laghu Vākya Vṛitti by Aḍi Śaṅkara*

Shubhrajī shares the richness of this powerful text of 18 verses, condensed from the 53 verses of Vākya Vṛitti written by Śaṅkara. This simple yet lucid text focuses on the Great Statement or Mahāvākya, “Aham Brahmāsmi” — I am Brahman or I am That! A mahāvākya is a statement revealing the identity between the ego and the Supreme Self. This text takes the seeker to the depth of this infinite experience within oneself, guiding them to distinguish between the true Self and the color of the Vṛittis or thoughts.

**FRI 17TH NOVEMBER 8:00 PM TO 9:00 PM**

## *rites & Rituals: Importance and Significance*

Shubhrajī discusses the benefits of rituals and special rites in the Hindu tradition. She will show us how we can use tools like prayer, mantras and simple ceremonial practices to develop our personality and render it fit for higher devotion and knowledge. Come for a lively, engaging and meaningful experience.

**SUN 19TH NOVEMBER 4:00 PM TO 7:00 PM (INCLUDING TEA BREAK)**

## *Discovering the Power of Forgiveness: A WORKSHOP WITH Shubhrajī*

**PRE-REGISTRATION REQUIRED**

Every religion promotes this practice to free ourselves from the emotional wounds that impede our spiritual progress. This workshop will focus on the Vedantic approach on the need and ways for forgiveness in our life. Forgiveness heals us and releases those whom we believe have hurt us - for the sake of our own well-being, emotional and physical health. How can we use this technique to free ourselves of the past and bring an infinite sense of peace within us. Come, free your mental energy and experience the power of forgiveness in this interactive workshop. (Please bring a note-book and pen)

**To register for the workshop please contact: Deepa Aidasani tel: 20076094**

**MON 20TH, TUE 21ST NOVEMBER 8:00 PM TO 9:00 PM**

## *3 Key Principles of the Law of Action*

**TWO EVENING TALKS BASED ON THE BHAGVAD GITA**

Shubhrajī explores three key principles of Karma (The Law of Action) which you can apply to your professional and personal life. These are a sure antidote for stress, very easy to follow—succinct, crisp and very practical! Shubhrajī teaches from three of the most famous verses of this revered text in these sessions.

**ALL PROGRAMMES HELD AT GIBRALTAR HINDU TEMPLE**

**Temple Way, Gibraltar**

**Contact for registration: Deepa Aidasani tel: 20076094**

**or by e-mail: gibraltarhindutemple@hotmail.com**



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