



# The Code to HEAL



**A revolutionary workshop to rewire your mind  
with SHUBHRAJI**



**Shubhrajī** is a direct disciple of H.H. Swami Chinmayananda, the world-renowned Vedanta teacher. **Shubhrajī** lectures on various topics and texts like The Art of Relationships, Meditation in Daily Life, Bhagavad Gita, Finding Your Purpose in Life. She interacts with diverse communities and travels extensively throughout the U.S, Asia, Europe. She has been invited to speak at Harvard Business School in Boston, St. John's College in New Mexico, as well as London Business School in London. Shubhrajī is an eloquent speaker whose talks are uplifting and inspiring. She is also the award-winning author of *In The Lotus of The Heart: The Essence of Relationships*.

This workshop is designed to give you practical tools and create an opportunity to heal.

**Shubhrajī** will present specific techniques based on ancient teachings and latest research, to empower you to unlock the blocking patterns within and help bring yourself back to health and balance.

- Releasing self-limiting beliefs
- Rewiring negative patterns of the mind
- The energetics of affirmations
- Effective exercises for balancing emotions
- Meditation & Visualization for healing
- Space clearing to create a healthy environment

**DATE:**

**Wednesday, January 18th, 2017**

**LOCATION:**

**Estoril Court Clubhouse  
55 Garden Road, Mid-Levels, HK**

**TIME:**

**10:00-10:30am Registration**

**10:30-2:00pm Workshop**

*There will be a short break with refreshments and lunch after the workshop*

**PRICE:**

**HK\$600**

**REGISTRATION:**

**namahhk2017@gmail.com**

**Tara Chellaram 6888-9897**

**Nisha Dadlani 9272-0463 (what's app only)**

*Cancellation before December 31st 2016, 50% of payment will be refunded; after January 1st no refunds.*

For more information on Shubhrajī, please visit  
[www.namahom.org](http://www.namahom.org) [www.inthelotusoftheheart.com](http://www.inthelotusoftheheart.com) [www.facebook.com/ShubhrajīNamahom](http://www.facebook.com/ShubhrajīNamahom)

**Do you have  
recurring pain  
somewhere in your  
body?**

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**Are you constantly  
doubting yourself or  
downplaying your  
accomplishments?**

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**Is negative energy  
affecting your home?**

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**Would you like to  
create sustainable  
internal balance?**

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*This is the  
workshop for you!  
Come and bring  
a friend*