## What's Really Happening? learning to listen to the truth

When we perceive our society and culture in upheaval and chaos, when we are challenged by external forces in different areas of our life—it is our responsibility to find out what it is saying and how we should respond.

Through the lens of current world situation, in this talk, Shubhraji shares what we can really 'do' to revive our inner psyche, our spiritual foundation and re-emerge as a stronger individual more 'in charge' of our life. How can we be a active participant in a global community of harmony and peace?

TUESDAY, SEPTEMBER 19 6:30 pm — 8:00 pm VEDIC CHANT CENTER 901 w SAN MATEO RD SANTA FE



**Shubhraji** is a disciple of Vedāntic Master H.H. Swami Chinmayananda. She is a teacher of spiritual studies and meditation techniques, which form part of the ancient Vedānta philosophy of India. She is also the author of **In The Lotus of The Heart: The Essence of Relationships**. She lives in the USA and travels widely in the U.S., Europe and Far East.

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## VEDĀNTA TEACHINGS SHUBHRAJI • SEPTEMBER 19-21, 2017

## **The Ego and The True Self** 2 talks based on teachings from Ādi Śaṅkarā's *Vivekachūḍāmaņi* (The Crest Jewel Of Discernment)

WEDNESDAY, SEPTEMBER 20 THURSDAY, SEPTEMBER 21 6:30 pm — 8:00 pm VEDIC CHANT CENTER 901 w SAN MATEO RD SANTA FE Taking an in-depth approach rooted in Vedānta, Shubhraji shares the deeper workings of the ego and how it relates to the truth of the Self within us. Our identification with what is real and what is apparent, sets the stage for our joys and challenges in life.

In these two talks, we learn how to navigate the ever changing inner and outer world; and find our center in the midst of the storm.

YOU ARE WELCOME TO ATTEND ONE OR ALL OF THE TALKS DONATIONS ARE WELCOME TO SUPPORT THE SPIRITUAL WORK