



VEDANTA TEACHINGS BY

Shubhrajī

SANTA FE

AUGUST 6-15, 2016

Narayana Suktam—The Universe in the Heart

One Day Workshop with Shubhrajī & Sonia Nelson

Saturday, August 6, 2016 9:00am–4:30pm (lunch break from Noon-2:30pm)

at the Vedic Chant Center, 901 W San Mateo Rd, Santa Fe, NM 87505

Through lecture, chanting and special meditative practice, gain an intimate knowledge of this beautiful Vedic chant that vividly describes the profound as well as subtle aspects of the universe that exists within the heart of each human being.

Pre-registration required: \$100 by July 22, 2016 (\$125 after July 22)

For more information or to register contact amarchello@gmail.com or (505) 570-0743

Make checks payable to NAMAHA, INC. and mail to Ariana Marchello, 124 Sombrio Dr, Santa Fe, NM 87501 OR Pay online via PayPal to info@namahom.org (Please email name and email address of participant to info@namahom.org after you have paid.)

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Satsang with Shubhrajī

Sunday, August 7, 2016 4:30pm–6:30pm

at Sheela Hewitt home

Contact amarchello@gmail.com or (505) 570-0743 for location information.

Satsang is an opportunity to raise spiritual questions which will be answered by Shubhrajī in an informal setting. Sri Sankara says, "The company of the wise, even for a moment, becomes the boat to cross the ocean of samsara." **FREE EVENT** (Donations welcome)

Morning Talks—Kenopanishad

A Series of Five Talks

Monday, August 8–Friday, August 12, 2016 7:00am–8:30am

at the Vedic Chant Center, 901 W San Mateo Rd, Santa Fe, NM 87505

Kena means 'by whom'. The Kenopanishad delves into the Source of all life's activities.

It explains the power of the Absolute Reality in reply to four questions posed by the seeker.

The upanishad systematically points out the way to attain this Truth and take us beyond the frontiers of thought to transcend the limitations of our mind. **FREE EVENTS** (Donations welcome)

**Evening Talk—Two Key Principles of Karma: The Law of Action
An Evening Talk Based on the Bhagavad Gita**

Friday, August 12, 2016 7:00pm–8:30pm

at the Vedic Chant Center, 901 W San Mateo Rd, Santa Fe, NM 87505

The Bhagavad Gita (Song of God) is one of India's most revered sacred texts discussing the philosophy of Karma and how it relates to spiritual life. Shubhrajī teaches from one of the most famous verses of the text in this session. **FREE EVENT** (Donations welcome)

The Power of Meditation and Mindfulness

A Workshop with Shubhrajī

Saturday, August 13, 2016 2:00pm–5:00pm

at the Vedic Chant Center, 901 W San Mateo Rd, Santa Fe, NM 87505

In this workshop, Shubhrajī will illumine the techniques of meditation used in reconnecting us with our inner being. She will also explore mindfulness as a means of developing awareness and reversing habitual patterns, focusing on how to balance body, mind and spirit. Shubhrajī will share how these different approaches can help us discover our true self. No prior knowledge of meditation is required. The workshop will combine teaching, exercises and guided meditation that will be simple and effective.

Pre-registration requested: \$55 in advance (\$65 at the door)

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www.inthelotusoftheheart.com

SHUBHRAJī is a teacher of meditation and scriptural texts. She is originally from India and from the age of thirteen has been a close disciple of renowned Vedantic master **H. H. SWAMI CHINMAYANANDA**. She moved to the U.S. in 1993 and now resides in Woodstock, NY. Shubhrajī travels in the U.S. and overseas teaching Vedanta to a diverse audience. Shubhrajī brings earthy, good-humored exposition to her teachings. Her students discover a deeper understanding of their nature, challenges they may face, and how to refocus their attitudes regarding life. Her talks are inspiring and uplifting; they aim to bring one to the true Self.